

**INSPIRING
MINDS
AND
HEARTS
THROUGH
MOVEMENT**

FAYETTE ACADEMY

www.FayetteAcademy.com

INSTRUCTORS

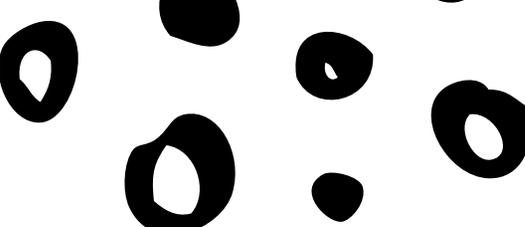
All of our coaches have
been Safety Certified
and trained by USA
Gymnastics standards

CONTACT

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**FAYETTE ACADEMY
GYMNASTICS**



OUR PROGRAM

FA gymnastics offers on campus classes to Pre K through Middle School aged children. Classes are designed for all skill levels, beginner/intermediate and advanced tumbling/gymnastics. Each level of the program is skill based and as your child completes skills they will be evaluated to move forward in their learning. Our Pre K, Kindergarten and 1st grade children meet in the Lower School gymnastics room and all Middle School ages meet in the Performing Arts classroom for instruction.



OUR GOAL

The primary objective of the recreational program is to provide your son or daughter with a strong foundation in beginning levels that he or she will be able to build upon in future levels. Each level has specific goals and these are designed for each child's skill level both physically and mentally. Gymnastics helps develop coordination, balance, flexibility, strength, self-confidence and discipline which helps provide a strong foundation for all sports.

OUR MISSION

Fayette Academy is a college preparatory school based on Christian beliefs and is dedicated to providing a quality education for students in Pre-K through grade twelve. The school is committed to the development of each student with emphasis placed on academic, personal, moral, social, and physical development in a safe environment

PRE K & KINDERGARTEN

Each child will be learning different skills in gymnastics and tumbling. These skills will include: tucks, pikes, straddles, forward and backward rolls, cartwheels and much more.

1ST - 2ND

Students will work on all of the basic skills needed for gymnastics. This will include cartwheels, handstands, bridges, walkovers, and many different strength and flexibility exercises.

3RD - 4TH

All gymnast will work towards gaining basic knowledge of gymnastics and skills to move forward in their classes. All skills will be evaluated at the end of each session.

5TH - 6TH

Each gymnast will work towards achieving basic skills to move forward and reach their individual goals.

